



Hope Aglow Family,

Thank you for participating in the 3-day water only fast on July 10-12, 2020 and emailing the household plans that God gave you to Prophetess Ollivierre at prophetic@hopeaglow.org. Your pressing into God during that time of prayer and fasting has brought breakthroughs to your families and to Hope Aglow both now and in the future. Here is the summary list of household plans emailed in. Please pray and allow God to lead you on purchasing additional items to get and keep your family prepared for the days ahead.

With All My Love,
Pastor Stevens

Household Plans Summary List

Physical

1. Get into a healthier physical and mental state to more easily fast
2. Schedule all medical appointments (primary care, regular check-ups, dentist, mammograms, optometrist) for you and your family and keep them. Do not put them off for later. The earlier you have them the better.
3. Stay on the healthy lifestyle track

Spiritual

1. Always remember everything has a spiritual meaning behind it
2. Anointing oil
3. Consider items you will need in the winter, get them now. Also, many products that you use are not made in the USA (nail supplies, infrared thermometers). Therefore, if you order something from overseas, be mindful that overseas shipping will be impacted so order them now to avoid delays. For those who know how to sew, get supplies now, your skills will be needed. Get organized – properly store important papers (insurance policies, account information, etc.)
4. Establish morning and evening prayer time and to continue using the prayer points from July 10th fast
5. Fast and speak in tongues more regularly for greater revelation
6. Get up early, let God speak to you and write the things He says down
7. Look for the “opportunity in (what seems like) chaos”

8. Make sure we hear from God and stay in the Word consistently, in unity, keep up with the end time prophecies. Stay in prayer in your home and pray for others. Anoint home inside and out. Declare & decree that viruses, sickness, disease will not dwell in your household. Pray for nations and leaders always. Thank God for all that He is going to do in this season. Keep us safe & protected. Psalm 91.
9. Point toward what is good with His words of truth. We do not have to fear but put on the full armor of God (Ephesians 6:11-18) and use the fruit of the Spirit (Galatians 5:22-23) every day. The Holy Spirit will show us the best way to prepare as needs arise. Stay alert, be loving and gracious, humble, forgiving, yet unyielding to sin and always pray.
10. Pray as a family corporately once a week
11. Prepare for the future. Listen to God's instructions for what you will need to do to be prepared for opportunities and events that will take place beyond this next season.
12. Read Deuteronomy 28:1-14
13. Re-read the books of Daniel and Revelation
14. Resume family fasts
15. Share with the world that a famine is coming and the good news of the Gospel
16. Take communion regularly
17. Talk to your children about what is going on and give them the scriptures that God leads you to
18. Tell your other family members to get a plan in place for the upcoming months until the end of the year 2020
19. Through everything that comes we are to remember 2 Timothy 1:7. We must walk in this throughout the battle.
20. Watch out for all suspicious activities through emails, and unwanted phone calls on landlines and cells phones
21. Watch your attachments (what or who is attached to you - Ps 55:9-21)
22. Watch your doors both spiritually and naturally
23. Watch your ear and eye gates
24. We must not forget that we (Christians) will be known by our LOVE. Our (the Church/Believers) position for whatever challenges are ahead is LOVE. Our (the Church/Believers) plan/strategy for whatever comes is to LOVE.
25. While receiving plans from the Lord look for opportunities to bless others as well
26. You will need a prayer partner, prayer points, and a spiritual task force, gear up

Grocery/Household

1. Batteries
2. Candles
3. Canned goods (beans, tomatoes, tuna, salmon, etc.)
4. Charcoal to cook on the grill
5. Chest freezer and fill it with beef, poultry, fish, chicken, and frozen foods
6. Cleaning products
7. Clorox and/or Lysol wipes
8. Communion elements
9. Cooking oil
10. Dairy products and boxed milk
11. Disinfectants

12. External cellphone charger, including solar powered
13. First aid kit
14. Flashlights
15. Flushable baby wipes (in case you run out of toilet paper)
16. Gas containers and fill them with gasoline
17. Generator
18. Gloves
19. Laundry and dishwashing detergent
20. Long range walkie talkies
21. Face masks and shields
22. Matches
23. Non-perishable food
24. Oil lamp and oil
25. Over the counter medicine (allergies, cold/flu, digestive discomfort, general pain, and skin itching/wounds)
26. Paper towels
27. Personal hygiene products (toothpaste, shampoo, conditioner, makeup, etc.)
28. Pet food
29. Plant a garden and grow fresh vegetables
30. Propane
31. Refill prescriptions with a 90-day supply or more
32. Soap
33. Spaghetti and pasta
34. Spices
35. Start canning
36. Sterno cans
37. Thermometers
38. Tire inflator
39. Toilet paper
40. Trash bags
41. Vitamins (Zinc, Vit D, Vit C, Airborne, Vit A and B Vitamins)
42. Water
43. [Water distiller](#)
44. Whole house water filter
45. Ziplock bags

Financial

1. Build-up emergency savings for 3 to 6 months
2. Have cash at home in various denominations, especially small bills
3. Pay off any credit card debts and outstanding bills
4. Set aside \$100/paycheck to buy items to stock up on

Other items

1. Cook at least two entrees a week, store in plastic bags, and place in chest freezer
2. Develop a family communication plan <https://crisisequipped.com/how-to-communicate-without-a-phone-or-internet-in-a-disaster/>

3. Do not be afraid of your 2nd Amendment rights. Purchase what you think will help protect you and your family
4. Florida and Texas residents will start to relocate in your surrounding areas
5. Get your concealed weapons permit (know your gun rights and how to use a gun)
6. Keep your vehicles filled with gas, especially by the end of August
7. Let your child go to school 100% virtually
8. Pack a survival kit bag for each member of your family including your pet in case of emergency or disaster <https://www.redcross.org/get-help/how-to-prepare-for-emergencies/survival-kit-supplies.html>
9. Prepare a hard copy of the prescriptions that you and your family members take
10. Prepare a hard copy of your family/friends contact numbers
11. Prepare home preparedness procedures for any outage, or disaster
12. Take care of older family members, make sure they have supplies

Places to shop for discounted items – Ladies, for safety reasons, please be careful not to go by yourself to pick up items advertised on the below sites or have someone to come to your house to drop them off.

1. Facebook Marketplace
2. Let Go - <https://apps.apple.com/us/app/letgo-sell-buy-used-stuff/id986339882>
3. Offer Up - <https://apps.apple.com/us/app/offerup-buy-sell-simple/id468996152>